



The Nest and Training Calendar

October
November
December
2014

From the Child Care Resource Center

Dear Early Care and Education Professionals,

We have had several requests for new die cuts in our Resource Room. During the last few months we have added over 20 new die cuts to our collection. The new die cuts include large and jumbo size. If you are looking for ideas to use the die cuts in your child care or preschool program, please ask us or go to the manufacturer website at www.accucut.com. For a list of our new die cuts, see page 9 of this newsletter. Don't forget, if you bring your own paper, you can make an unlimited amount of die cuts.

There are many changes happening in child care. Don't forget that if you accept child care vouchers, you must be registered for MD EXCELS by January 1, 2015! (See page 3 for contact information of staff that can help you.)

As this newsletter is going to press, we are still learning about how developmental screenings will be implemented in child care sites. As we receive information, we will pass it on to you. Do not hesitate to contact us for more information.

With your interests at heart,

Debbie Yare

Debbie Yare, Program Manager, Howard County
Office of Children's Services

Online Workshop Registration Discounts

Notice: In years past, the office has offered a 10% discount on all workshop registrations conducted online during the last two weeks of December. As we strive to continue to improve the quality of customer service provided to you, our amazing workshop participants, we have decided to establish a discount for all workshop registrations completed online at any time during the year. This **10% discount** will begin with all workshops scheduled beginning October 1, 2014 and will continue indefinitely at this time.

If you have taken a workshop with our office or participated in a Howard County Recreation and Parks program anytime since November 2009, you already have a profile within our registration system. To obtain login information (a login name and password), you may call our office at 410-313-1442 and the Registrar will assist you in setting up that information.

If you are new to taking workshops with the Office of Children's Services, go to www.howardcountymd.gov/training and click on the "Register Online" icon. This will redirect you to the Howard County ActiveNet page. On the right side of the screen, you will see a bright blue "Login" button and directly below this a link to Create an Account. It may take up to 24 business hours for new accounts to be approved.

For detailed instructions on how to complete an online registration, visit www.howardcountymd.gov/training and click on the "Online Registration Instructions" green button. Questions? Call 410-313-1442 or e-mail kzamzow@howardcountymd.gov

The Office of Children's Services will be closed on the following dates:

- Veteran's Day - Nov. 11
- Thanksgiving Holiday - Nov. 27 & 28
- Winter Break - Dec. 25, 26, 29
- New Year's Day - Jan. 1

**Find Us
Online!**

As a division of the Howard County Department of Citizen Services, we post updates on training classes, upcoming events, and reminders about parent workshops on the Citizen Services Facebook page, www.Facebook.com/HoCoCitizen. Visit our page and "like" us today! And, be sure to visit our website at www.howardcountymd.gov/children to sign up for workshops, get information on our services, and find out more about what we do!

Quick Reference:

Child Care Food Program
1-410-767-0214

Child Care Subsidy
410-872-8700

Child Protective Services
410-872-4203

Early Intervention Services
410-313-7017

Howard County Family
Child Care Association
301-776-4841

Howard Co Health Dept.
410-313-6300

Howard County Office of
Children's Services
410-313-1940

LOCATE: Child Care
(number for parents)
1-877-261-0060

LOCATE: Child Care
(number for providers)
1-866-752-1614

Maryland Children's
Health Program
410-313-7500

Maryland Poison Center
1-800-222-1222

MSDE Credentialing
Help Desk
410-767-7852

Maryland State Family
Child Care Association
301-871-6810

Office of Child Care
410-750-8771

Subsidy Payment
Questions
866-243-8796

The CARE Center
410-313-CARE (2273)

The CARE Center Corner

Is it Sensory or is it Behavior?

In our "expect it now" society children are feeling the anxiety of adult expectations of performance and immediate response. Children are strapped into car seat/belt restraints for longer periods as they are transported to a variety of performance-driven sports activities. As demands for STEM achievement are heard all the way down to our youngest preschool classrooms, those children may be expected to sit still at desks and tables for longer periods of time where the appearance of learning is taking place. Play, in its pure form, has almost become an obsolete word - it has often been substituted with organized sports that may include a lot of waiting for turns and more sitting, or it may be used only as a brief break after the "important" things are completed. Adding to this race to nowhere is the response of some overwhelmed adults who give up on disciplining when the children's immediate and continuing response is ignoring requests to change their behavior.

The result of this shift in thinking is proving to be detrimental to many children, whose sensory development is taking a big hit. The early childhood years, birth through age 8, is an important time for the body to be exposed to a lot of sensory input in order to create the proper equilibrium, that "just right" feeling. Children who are diagnosed with one or more developmental delays or disorders often also have problems in the area of sensory development; but many adults are fooled into thinking that the deficit their children are experiencing with sensory input may be something more. The cure for sensory difficulties may be a fairly simple one – play; however, it is play in its more pure form where children are not so supervised to perform a certain way. When children who need it can take a little more risk to bump and roll, jump and spin until they achieve that point of sensory balance, they are able to concentrate and focus better. Pediatric occupational therapists also have an understanding of this need and know how to help children who are "misbehaving". They also have strategies to help those passive children who need some guidance with getting enough sensory input in order to function more successfully in daily tasks.

Want to learn more? Check out these and other websites:

<http://out-of-sync-child.com/introduction/>
<http://www.allianceforchildhood.org/node/96>
<http://theanonymousot.com/2013/03/28/is-it-sensory-behavior-or-both/>



Child and
Adolescent
Resources
for Howard
County Families

Don't Forget About Us!

Did you forget about **The CARE Center** (Child and Adolescent Resources)? Are you in need of help with a child in your care? Do you know families experiencing issues at home and they're not sure where to turn for assistance? If so please contact the CARE Center, we're here to help you and families identify your needs and find solutions.

The CARE Center maintains a database of community resources and information that addresses a range of needs from parenting education, special needs & evaluations, adolescent concerns and much more.

CARE Center services for child care professionals can include:

- Advice and resources by phone
- Support and intervention for you and the child's family
- On-site observation and consultation for challenging behaviors
- On-site training for program staff
- Specialized services for Spanish-speaking children and families

Our Infant/Toddler Specialist, Behavior Consultants & Adolescent Specialist can provide additional support and assistance. It's really simple to call The CARE Center to get help.

The CARE Center can be reached at 410-313-CARE (2273), children@howardcountymd.gov or www.howardcountymd.gov/children.

From the Howard County Office of Child Care Maryland State Department of Education

Important Licensing Changes

Effective, July 31, 2014, the Office of Child Care (OCC) will be making a change in the way Anniversary Packets are sent to providers with a continuing license for Family Child Care, Center Child Care, and Letter of Compliance recipients. Providers will continue to receive a letter 120 days prior to their anniversary date informing them of the steps to maintain their continuing status. This letter will inform providers which forms need to be submitted and where they can be found on the Maryland State Department of Education (MSDE) website. Forms are to be downloaded and returned to the regional office prior to your anniversary date.

The OCC will request your fire inspection at the same time that your anniversary letter is sent to you. The Howard County Fire and Rescue will not complete your fire inspection until they receive payment for their inspection. Your continuing status requires that you meet all local codes, including a current approved fire inspection. Please submit your payment as soon as possible so the fire approval doesn't affect your continuing status.



If you have problems finding the OCC documents, contact your licensing specialist and they can assist you with the process. OCC would like to thank you for your services and hope that this transition will be a positive one for everyone. Check out the Office of Child Care at : www.msde.maryland.gov/MSDE/divisions/child_care/child_care.htm

Technical Assistance: Info on the Go!

Maryland EXCELS

Participation in Maryland EXCELS continues to increase across the state. In Howard County we are holding monthly Support Group Sessions on Saturdays from 8:30 – 10:30 am. Our dates for this fall include September 6th, October 11th, and November 22nd. Rena Dubensky and Joan Johnson will assist you in identifying and producing documentation necessary to meet the requirements of your EXCELS level. Child care providers also have the opportunity to share ideas and policies with each other. You are welcome to join us for one or more of these sessions. REMINDER – The deadline for programs that accept Child Care Subsidy to register for Maryland EXCELS is December 31, 2014! If you need assistance with registration contact Rena or Joan.

MSDE Developmental Screening

MSDE has released the names of four recommended Developmental Screening Tools. These tools include *Ages & Stages Questionnaires Third Edition (ASQ-3)*, *Brigance Early Childhood Screens III (Brigance)*, *Speed Developmental Indicators for Assessment of Learning Fourth Edition (Speed DIAL-4)*, and *Early Screening Inventory – Revised 2008 Edition (ESI-R)*. Providers and programs may select one of these tools to use for screening the children enrolled in their child care program.

Effective July 1, 2016 screening of children enrolled in your program will become a regulation. Be on the watch for announcements about overview workshops and tool specific workshops beginning this fall. Copies of the screening tools will be housed in our office. For more information please contact Joan Johnson at 410-313-1432.

Maryland State Department of Education -- Recommended Curriculum

In early June MSDE released the names of the new Recommended Curricula – *Investigator Club* (Robert –Leslie), *Kinder Corner and Curiosity Corner* (Success for All), *Creative Curriculum for Preschool and Family Child Care* (Teaching Strategies), *Frog Street Preschool* (Frog Street Inc.), *DLM Early Childhood Express* (McGraw-Hill Wright Group and *Little Treasures* (MacMillan/McGraw Hill). If your program is currently using a curriculum that is no longer on the Recommended List, you will have up to three years to incorporate a new curriculum into your program. We have a copy of each of the curricula at our office. To make arrangements to review a curriculum, please contact Joan Johnson at 410-313-1432.

Joan Johnson, Early Childhood Specialist

Available to assist in accreditation, credentialing, curriculum support, environment rating scales, assessments, and developmental screenings

jjohnson@howardcountymd.gov or 410-313-1432

Rena Dubensky, Quality Assurance Specialist

Available to assist with navigating the EXCELS process and uploading of documents to the website

rdubensky@msde.state.md.us or 410-750-8773



Community Notes and News

Columbia Families in Nature (CFIN)

The CFIN is a project designed to provide a fun, community oriented opportunity for busy families (or providers) to take the time to be together in nature. On two to three Sunday afternoons a month, CFIN outings will take place at natural areas in and around Columbia, Maryland. These outings will be a constructive mix of lightly structured free play time in nature and hands-on environmental education and conservation activities. For more information visit www.columbiafamiliesinnature.org

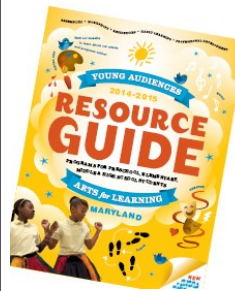
Howard County Family Child Care Association (HCFCCA)

The HCFCCA would like to welcome providers to join. Meetings are held at the Howard Community College in the Kittleman Room of Duncan Hall on the Main Campus in Columbia at 6:30 p.m. Please arrive at least 15 minutes prior to the start of the meeting to fill out an application to join. Fees are \$55.00 per year and include 10 trainings, monthly newsletters, mentoring/networking opportunities, notary and much more. Upcoming meetings are Oct: 9 Office of Child Care – Updates, Credentialing Q & A - Professional; Nov: 3 Math & Books – Curriculum; Dec: 4 Positive Child Guidance-Behavior credential booster – CD. For more information please check us out on the web at www.hcfcca.com.

Lets Have an Adventure,
Explore, and Learn!



BRING THE FIELD TRIP TO YOU!



Young Audiences Resource Guide

Have the field trip come to you! Checkout the **2014-2015 Quick Reference Guide**, presented by the Young Audiences Arts for Learning of Maryland. Have professional artists bring the field trip to your center or home today. Check out the free guide at www.yamd.org/our-work/resource-guide/.

Howard County Fire Department

Explore and learn all about **fire safety**. There are several ways to do so - explore a fire station, request a public education visit, or bring the Fire Safety House to your area. To schedule the Safety House, please e-mail Public Education Specialist, MFF/P Brian Proctor at hcfpe221@gmail.com or bproctor@howardcountymd.gov. For more information, visit the HCFR at www.hcdfrs.org.



Spotlight Resource Corner – Howard County Office of Consumer Affairs

The [Office on Consumer Affairs](#) is your “Go To” resource for consumer issues such as fixing your credit, eliminating debt, paying for improvements or repairs that are not complete, and more.



CONSUMER PROTECTION

We've got you covered.

Take Advantage of US
Before Someone Takes
Advantage of YOU!



Howard County Office of Consumer Affairs

410-313-6420 • consumer@howardcountymd.gov

www.howardcountymd.gov/consumer

Resources for Early Care and Education Professionals

In “ExchangeEveryDay,” these are the 12 books that received the most recommendations as must-reads for preschool teachers:

1. **Mind in the Making** by Ellen Galinsky ***
2. **The Intentional Teacher** by Ann S. Epstein
3. **Engaging Children's Minds** by Lilian G. Katz, Sylvia C. Chard, and Yvonne Kogan
4. **Developmentally Appropriate Practice in Early Childhood Programs Serving Children from Birth through Age 8** — Carol Copple and Sue Bredekamp, eds.
5. **Learning Together with Young Children** by Margie Carter and Deb Curtis ***
6. **Anti-Bias Education for Young Children and Ourselves** by Louise Derman Sparks
7. **The Hundred Languages of Children** by Carolyn Edwards, Lella Gandini, and George Forman
8. **The Play's the Thing — Teachers' Roles in Children's Play** by Elizabeth Jones and Gretchen Reynolds ***
9. **Natural Playscapes** by Rusty Keeler
10. **Powerful Interactions: How to Connect with Children to Extend Their Learning** by Amy Laura Dombro, Judy R. Jablon, and Charlotte Stetson
11. **You Can't Say You Can't Play** by Vivian Gussin Paley

***Indicates in Howard County Public Library System
Visit www.childcareexchange.com for more info.



Training Calendar

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Go to www.howardcountymd.gov/training and click "Register Online" graphic

October



Infant/Toddler Overview of Special Needs

Mon., Oct. 6 / 6:30 - 9:30 pm / \$23

3 hrs (2 SN, 1 CD) / S. Parker

6751 Columbia Gateway Drive, Room 303, Columbia, MD

Gain a greater understanding of disabilities and special needs within the world of infants and toddlers. Discuss "red flags," resources, and strategies to include all children.

Taking Learning Outside

Tues., Oct. 7 / 6:30 - 9:30 pm / \$23

3 hrs CUR / T. Green

Gain a greater understanding of how outdoor environments and play space can assist with development and learning. Explore activity planning, environment design, and material and equipment selection to take your classroom outside.

Making Food (Nutrition) Fun for Kids

Weds., Oct. 8 / 6:30 - 9:30 pm / \$23

3 hrs HSN / C. Lothen-Kline

Unsure of how to teach nutrition to young children? Come learn great strategies to teach children about healthy food in a fun and interactive way. Explore fun activities to teach kids about nutrition.

Project Security Blanket

Weds., Oct. 15 & 22 / 6:30 - 9:30 pm / \$15

6 hrs (3 PRO, 3 HSN) / J. Johnson

Must attend both nights and complete emergency plan to receive certificate.

Develop a comprehensive emergency plan to follow when a disaster occurs. Natural disasters, technological hazards, medical emergencies, and family/community concerns are covered. Your plan will address multiple aspects of emergency preparation.

Center Aide Orientation

Thurs., Oct. 16 / 6:30 - 9:30 pm / \$15

3 hrs PRO / T. Harris

This workshop meets the new Center Aide Orientation requirement.

Learn strategies for appropriate supervision, get tips on communicating professionally with parents, and discuss the aide's role in a child care program.

Infant/Child & Adult CPR/AED Certification

Sat., Oct. 18 / 8:00 - 10:30 am / \$40

Approved for licensing; valid for two years; certified by the American Heart Association.

First Aid Certification

Sat., Oct 18 / 10:45 am - 1:15 pm / \$40

Approved for licensing; valid for two years; certified by the American Heart Association.

Infant/Toddler Physical Development

Mon., Oct. 20 / 6:30 - 9:30 pm / \$23

3 hrs (1.5 CD, 1.5 CUR) / S. Parker

6751 Columbia Gateway Drive, Room 303, Columbia, MD

Examine fine and gross motor development in infants and toddlers, strategies and resources to encourage development, and fun activities to help children reach major milestones.

Developmentally Appropriate Art

Thurs., Oct. 23 / 6:30 - 9:30 pm / \$23

3 hrs (2 CUR, 1 COM) / Project ACT

Learn how to make art a developmentally appropriate and integral part of the day. Explore visual arts, how to implement a variety of art experiences for children of all ages, and your role in facilitating art activities and engaging children in conversation.



Dramatic Play: Setting the Stage for Success

Mon., Oct. 27 / 6:30 - 9:30 pm / \$23

3 hrs CUR / C. Bethke

Children learn about their world through participation, creativity, and using their imaginations. Explore strategies to promote and nurture dramatic play and creativity as a way to support children as they develop higher level thinking skills.



45-hour Infant/Toddler Caregiver Certificate

Gain the skills necessary to work with infants and toddlers in a family or center child care program. Topics include growth and development, selecting materials, health and safety, temperament, and working with families.

Meets: Mondays, Sept. 29 to Dec. 15, 2014, 6:30-9:30 pm
Wednesdays (Nov. 12 and Dec. 10 only)

Location: 6751 Columbia Gateway Drive, Rooms 303/401
Columbia, MD 21046 / Wednesdays meet at 3300 N. Ridge Rd, Suite 360, Ellicott City, MD 21043

Cost: \$250

This certification course satisfies the MSDE requirement of 45 hours of infant-toddler training for child care teachers, directors, and family providers working with infants and toddlers.

Back to Basics: Understanding Nutrition Labels

Tues., Oct. 28 / 6:30 - 9:30 pm / \$23

3 hrs HSN / C. Lothen-Kline

Planning nutritious meals starts with understanding what food labels mean! Come learn what to look for, what to avoid, and how to make smarter choices when planning snacks and meals. Taste some fun and nutritious snacks you can serve in your program.

SIDS: Sudden Infant Death Syndrome

Weds., Oct 29 / 6:30 - 8:30 pm / \$15

2 hrs HSN / J. Johnson

SIDS is the sudden, unexplained death of an infant under 12 months. The cause of SIDS is unknown, but there are ways to make infants in your care safer.



November

Preventing Power Struggles

Sat., Nov. 1 / 9:00 am - 12:00 pm / \$23

3 hrs (2 CD, 1 COM) / A. Moriarty

Learn what leads to power struggles and a 5-step process which can prevent them. Examine strategies and skills to get out of power struggles and how to heal after it has occurred.



Handling the Fusses and Fits

Sat., Nov. 1 / 1:00 - 3:00 pm / \$15

2 hrs (1.5 CD, 0.5 COM) / A. Moriarty

Learn how to reduce stress by addressing a child's emotional state before behavior. Build your knowledge of child development principles, which impact discipline. Learn and practice the 3-step process which links emotions, thoughts, and actions. This leads to greater willingness and connection, and enhances learning.



Let's Talk About the Story

Mon., Nov. 3 / 6:30 - 9:30 pm / \$23

3 hrs CUR / S. Peyser

Learn the importance of asking questions as you read a story to children. Discover ways to support developing language and vocabulary skills that will be crucial to later development. Plus, make a story glove to use in your program

Supporting Children with Disabilities, Delays and Special Health Care Needs

Weds., Nov. 5 / 6:30 - 9:30 pm / \$23

3 hrs SN / J. Johnson

Creating an inclusive environment can be challenging if you aren't sure where to begin. Examine strategies that enable all children to participate, understand your role in an IEP/IFSP, and learn how to select materials and adapt your instruction and the environment to enhance learning.



Medication Administration

Sat., Nov. 8 / 8:30 am - 3:00 pm / \$50

6 hrs HSN / C. Fleming

Learn how to give oral, topical, inhaled, and emergency medicines to infants and children, how to keep accurate records, and regulations for medications. Bring a lunch.

MMSR Domains: Social Studies

Mon., Nov. 10 & 17 / 6:30 - 9:30 pm / \$40

6 hrs (4 CUR, 2 CD) / C. Bethke

Must attend both nights to receive certificate.

As children grow and develop, they gain greater perspective of the people and places around them. Providing opportunities to discuss and observe different cultures helps children develop important world social skills. Engage in interactive activities that explore people, citizenship, and communities.



Infant/Toddler Assessment and Screening

Weds., Nov. 12 / 6:30 - 9:30 pm / \$23

3 hrs (2 SN, 1 CD) / J. Johnson

Examine and gain a greater understanding of the reasons for assessment and screening of infants and toddlers. Learn how to apply this knowledge while caring for children and working with families.

Developmental Delays

Thurs., Nov. 13 / 6:30 - 9:30 pm / \$23

3 hrs SN / Project ACT

Review typical child development birth to 5 years, discuss "red flags," developmental screening tools, developmental delays, and adaptations to assist children with delays. Through interactive simulations, gain a greater understanding of the challenges children with delays face, and accommodations you can utilize in your program.

Infant/Child & Adult CPR/AED Certification

Sat., Nov. 15 / 8:00 - 10:30 am / \$40

Certification Only / 1st Alert CPR Training

Approved for licensing; valid for two years; certified by the American Heart Association.

First Aid Certification

Sat., Nov. 15 / 10:45 am - 1:15 pm / \$40

Certification Only / 1st Alert CPR Training

Approved for licensing; valid for two years; certified by the American Heart Association.

CPR and First Aid Re-Certifications

Sat., Nov. 15 / 1:30 - 5:00 pm / \$80

Certification Only / 1st Alert CPR Training

If your First Aid and CPR certifications are not expired, you may attend this condensed review course. Certified by the American Heart Association; valid for two years.

Infant/Toddler Problem-Solving

Mon., Nov. 17 / 6:30 - 9:30 pm / \$23

3 hrs (2 CUR, 1 CD) / S. Parker

6751 Columbia Gateway Drive, Room 303, Columbia, MD

Infants begin to problem-solve from birth through observing caregivers, peers, and everything around them. Learn how young children use their own observations and investigations and how your environment can support problem-solving.

Nutrition and Active Learning

Tues., Nov. 18 / 6:30 - 9:30 pm / \$23

3 hrs HSN / T. Green

Promoting nutritional wellness in young children is important in establishing healthy eating habits. Learn about the nutritional needs of children birth to 12 years of age, and how to share this information with families. Explore the physical activity needs of children and how to meet these needs appropriately.

Introduction to the Maryland Credential

Weds., Nov. 19 / 6:30 - 8:30 pm / \$15

2 hrs PRO / J. Johnson

Come explore the many benefits to participating in the Maryland Credential program including a bonus and training vouchers. Learn about the application packet and process. A great review for those preparing to submit the renewal packet.

Infant/Toddler Health

Mon., Nov. 24 / 6:30 - 9:30 pm / \$23

3 hrs HSN / S. Parker

6751 Columbia Gateway Drive, Room 303, Columbia, MD

Gain insight into many current health issues affecting infants and toddlers. Explore common illnesses, communicable diseases, required vaccinations, and best practices.

Play... A Young Child's Work

Mon., Nov. 24 / 6:30 - 9:30 pm / \$23

3 hrs (1.5 CUR, 1.5 CD) / S. Peyser

Children learn through play, so adults need to know how to nurture, facilitate, and encourage it! Learn why play is important, how it can promote literacy, adults' role in play, and how you can create social settings to encourage literacy and play.



December

Infant/Toddler Safety

Mon., Dec. 1 / 6:30 - 9:30 pm / \$23

3 hrs HSN / S. Parker

6751 Columbia Gateway Drive, Room 401, Columbia, MD

Learn what's necessary for infants and toddlers to feel safe and secure in a child care program. Learn strategies to ensure that your environment offers many safe, fun, and engaging choices.

Conflict Resolution Strategies

Mon., Dec. 1 / 6:30 - 9:30 pm / \$23

3 hrs PRO / T. Harris

When conflicts arise in child care, it's important to know how to professionally and appropriately address the situation. Come examine what causes conflict, how to prevent conflict, strategies for handling a conflict, and ways to build and maintain positive relationships with coworkers, families, and friends.

Healthy Eating, Healthy Weight, Healthy Kids

Tues., Dec 2 / 6:30 - 9:30 pm / \$23

3 hrs HSN / C. Lothen-Kline

In the US, one-third of kids are overweight. Children are developing chronic illnesses, such as diabetes and high blood pressure, that were once found only in adults. Discuss the complex issues that contribute to childhood obesity and share strategies for preventing and managing this epidemic.



MSDE Accreditation Orientation

Weds., Dec 3 / 1:00 - 3:00 pm / Free

2 hrs PRO / J. Johnson

Open to center, preschool, and nursery school directors and owners only.

Explore the standards, documentation, and rating process for MSDE Accreditation. Learn about the validation process and selecting a self-appraisal team. Required for pursuing MSDE Accreditation and Re-Accreditation. Contact Joan Johnson at jmjohnson@howardcountymd.gov for more information about the Steps to Accreditation series.

Introduction to Observation and Assessment of Children

Weds., Dec 3 / 6:30 - 9:30 pm / \$23

3 hrs CD / J. Johnson

Observation records are vital to successful planning. Learn how to create objective records, methods for collecting information, and how to use observational records in short and long term planning for children.

REMINDERS

Your emailed receipt is your official confirmation of registration; reminder emails sent prior to a workshop are a courtesy.

Save 10% on all workshop registrations when you complete them online! Visit www.howardcountymd.gov/training and click the "Register Online" button. For more information on completing online registrations, see page 1 of The Nest.

You may also mail a completed Registration Form to HCCCRC, 3300 N. Ridge Road, Suite 380, Ellicott City, MD 21043. Registrations with credit card information can be faxed to 410-313-1430. You may also call 410-313-1442 to register and pay by credit card.

Payment in full is due at the time of registration. Check, money order, or debit/credit card information are accepted. Online, phone, and fax are debit/credit card only.

Dance in Your Pants or Ants in Their Pants

Mon., Dec. 8 / 6:30 - 9:30 pm / \$23

3 hrs CUR / C. Bethke

Kinesthetic learners are naturally active and have a lot of physical energy. Examine ideas and learn new strategies to work with and meet the needs of all children, especially the kinesthetic (active) learners.



styles and learn how to use this information in your program.

Infant/Child & Adult CPR/AED Certification

Sat., Dec. 13 / 8:00 - 10:30 am / \$40

Certification Only / 1st Alert CPR Training

Approved for licensing; valid for two years; certified by the American Heart Association.

First Aid Certification

Sat., Dec. 13 / 10:45 am - 1:15 pm / \$40

Certification Only / 1st Alert CPR Training

Approved for licensing; valid for two years; certified by the American Heart Association.

Infant/Toddler Nutrition

Mon., Dec. 8 / 6:30 - 9:30 pm / \$23

3 hrs HSN / S. Parker

6751 Columbia Gateway Drive, Room 303, Columbia, MD

Encouraging healthy eating habits is critical to the healthy development of children. Get tips on communicating with parents about nutrition, discuss healthy food choices, dealing with food allergies, and handling picky eaters. Learn fun and creative ways to introduce new foods.

Quality Staff Starts with You

Tues., Dec. 9 / 6:30 - 9:30 pm / \$23

3 hrs PRO / B. Egerton

You have a powerful influence on your coworkers. So what do you do when the people around you aren't getting the job done? Explore the ins and outs of improving the quality of staff around you by boosting your own professionalism. Gain a greater understanding of why people don't perform at top levels and how to "fix" them.

Children's Temperament and Parenting Styles

Mon., Dec. 10 / 6:30 - 9:30 pm / \$23

3 hrs CD / J. Johnson

A child's temperament affects his interactions with the world. The adults in an infant/toddler's life impact how temperament develops. Become familiar with temperament types and parenting

The Power of Communicating with All Families

Mon., Dec. 15 / 6:30 - 9:30 pm / \$23

3 hrs COM / S. Peyser

Examine communicating, building relationships, exploring diverse families, and how to deal with difficult families. Engage in activities and learn strategies to use when communicating with all families.

Understanding and Addressing Bullying in Child Care

Weds., Dec. 17 / 6:30 - 9:30 pm / \$23

3 hrs CD / S. Glisan

The word "bullying" is used to describe a lot of behaviors, but what does it really mean? Gain a greater understanding of bullying, identify strategies for creating an atmosphere that prevents it from happening, and learn what to do when you see bullying occur. Come find the answer to these questions and more. Information in this workshop applies to children age 3 years and older.

All workshops are held at 3300 N. Ridge Road, Suite 360, Ellicott City, MD 21043, unless otherwise noted.

Training Workshop Registration Form

Name _____ **Birthdate** (mm/dd/yy) _____

Mailing Address _____

Phone (h) _____ (w) _____ (c) _____

Email _____

Workshop Title	Date	Cost
-----------------------	-------------	-------------

_____	_____	_____
_____	_____	_____
_____	_____	_____

Make Check/Money Order
Payable to: Howard County
Director of Finance

Credit Card No. _____
Exp. Date _____ **CVV** _____
Name on Card _____

Mail to Howard County CCRC
3300 N Ridge Rd, Suite 380
Ellicott City, MD 21043

Howard Community College

Fall 2014 Schedule of Classes



CREDIT BASED COURSES

Registration information may be obtained by calling the Admissions Office at 443-518-1200 or by visiting www.howardcc.edu/admissions/register/. Registration for Winter and Spring terms begins November 4, 2014. The Winter term courses will be held January 2 - 23, 2015. The Spring term courses will be held January 24 - May 15, 2015. For additional information, contact Fran Kroll at fkroll@howardcc.edu.

NON CREDIT/CONTINUING EDUCATION BASED COURSES

For more information, contact Kristin Navarro at 443-518-4049 or by e-mail at childcareclasses@howardcc.edu.

45-hour Child Growth and Development

October 22—December 10 (Online)

45-hour Infant & Toddler Caregiver

October 29—December 17 (Online)

45-hour Preschool Curriculum and Activities

October 27—December 17 (MW evenings)

School-Age Child Care Curriculum

September 18—November 6 Online or Th (evenings)

45-hour Child Care Administration

October 30—December 11 Online or Th (evenings)

Communication Skills—9 hours

November 15—December 6 (Online)

Family Childcare Preservice 24 hours

October 4—October 25 Online or Saturdays

Howard Community College Noncredit Financial Aid: HCC is accepting Noncredit Financial Aid applications on an availability basis year-round. For more information Email: child-careclasses@howardcc.edu or glyon@howardcc.edu.

Office of Children's Services

New Die-Cuts Are Here!

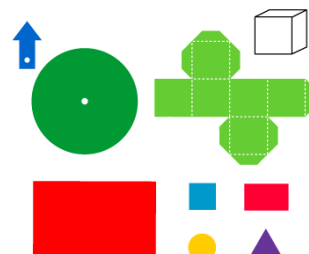
Large

- Apple w/ Worm
- Bookmarks Curriculum Set
- Dragonfly
- Dreidel
- Dump Truck
- Finger Puppet Set (Large)
- Flask
- Ghost
- Monkey Animal Face
- Paintbrush and Palette
- Rainforest (Minis)
- Spider
- Telephone
- Tree-Palm
- Tugboat
- Witch Hat (Right)
- Wombat



Jumbo Size

- Frame-Tent
- Game Pieces (below)



- Star-Lacing
- Book Builder-Bear

Super Jumbo

- Menorah



Explore the Resource Room

The Office of Children's Services Resource Room is open to your use! Come in from 8 am - 4:45 pm, Monday - Friday

Services Available

- Laminating machine
- Copy machine
- Book binding machine
- Library - full of resource books
- Die-cutting machine - Bring your own paper or purchase ours. Bring your own paper and use of the machine is FREE!

LOCATE: Child Care

THE LOCATE COMPLAINT POLICY

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint - No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: any threat to the immediate health, safety, or welfare of a child. When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing.

A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to Ana Griffith, Director, LOCATE: Child Care at Maryland Family Network, 1001 Eastern Ave. 2nd Floor, Baltimore, MD 21042. Or call at 410-659-7701.

Property Tax Credits for Howard County Child Care Providers

If you make improvements to your family child care home or child care center that increases the State tax assessment on your property, you may be eligible to apply for a Howard County property tax credit of up to \$3000 annually. These improvements must be made to property used exclusively for the purpose of providing child care. More information on this tax credit (Sec 20.155) can be found on our website at www.howardcountymd.gov/children and click on "information for child care providers" on the right side or contact Jason Brown at 410-313-3196 or by email at jbrown@howardcountymd.gov.

Training Requirements

Family Child Care - New Applicant

- All six 4-hour Initial Training Modules
- 6-hour class in Emergency and Disaster Preparedness
- Infant/Child/Adult CPR and First Aid Certifications
- SIDS: Sudden Infant Death Syndrome

Family Child Care - First Renewal Year

- 3 hours training in each of 4 areas: Child Development, Mixed Age Groups, Health/Safety/Nutrition, and Professionalism
- 6 additional hours of approved training in any area
- Current First Aid and CPR certifications

Family Child Care - After First Renewal

- 6 hours of approved Core of Knowledge training
- 6 additional hours of approved training in any area
- Current First Aid and CPR certifications

Child Care Center Staff

For current staff staying in the same positions:

- | | |
|-----------------------|-------------------|
| • Aide/Assistant | 6 hours per year |
| • Child Care Teacher | 12 hours per year |
| • Child Care Director | 12 hours per year |

New hires and staff moving to new positions are subject to additional requirements.

Questions about Training Requirements?

- Contact Joan Johnson, Technical Assistance Specialist at jmjohnson@howardcountymd.gov or 410-313-1432.
- Contact the Howard County Office of Child Care at 410-750-8771.
- Or, contact your county's Child Care Resource Center or the MSDE Office of Child Care.

Registration and Participation Guidelines

Registration is on a first-come, first-served basis. Payment is required at the time of registration. All receipts are e-mailed to the address provided at registration. This receipt is your confirmation of registration; reminder emails are a courtesy and should not be viewed as the sole indication of registration.

Pre-registration is required for all workshops. Your registration and payment must be received by 4:00 pm on the day of the workshop for all weekday workshops (by Friday for weekend workshops). Same-day registrations will be accepted online until noon and by phone until 4:00 pm if space permits; call 410-313-1442 to check availability. Walk-ins will not be permitted to stay.

Payment Types/Fees: You may register online or by phone (credit cards only) or by mail or in-person (credit card, check, or money order). Credit card charges will appear on your statement as Howard County Gov. There is a \$25 service fee for returned checks.

Late Arrival to a Workshop: Workshops begin at the time stated in the calendar and your receipt. Plan to arrive 10-15 minutes early to sign in. If you arrive after the workshop begins, you will be asked to leave; you will not be eligible for a certificate, credit, or refund.

Certificates: Certificates will be mailed to participants who attend a workshop within 10 business days. All workshops are open to the public and are approved by the MSDE under training approval number CKO-30733.

Change or Cancellation of a Workshop: If you cannot attend a workshop you have registered for, notify us at least 24 hours in advance to receive a credit for future use. Refunds will not be given unless OCS cancels the workshop. If there are extenuating circumstances on the day of a workshop, which require you to cancel your attendance, call 410-313-1442 and leave a message. Messages must be left on the day of the workshop to be considered. Same-day cancellations are handled on a case-by-case basis. OCS reserves the right to change the location or instructor of a workshop. If a workshop is cancelled due to weather, instructor illness, etc., participants will be notified by phone by 4:00 pm. If possible, the workshop will be rescheduled and an attempt to notify all participants by phone and/or email made. When the weather is in question, call 410-313-1940 to learn the status of the workshop.

Replacement Certificates may be requested by contacting the Registrar at 410-313-1442 or children@howardcountymd.gov; a \$5 fee per certificate will be charged.

Workshops are designed for adults only; please make appropriate child care arrangements in advance.

If you need special accommodations, please call 410-313-1940 one week prior to the workshop.



**Howard County Office of
Children's Services**

Department of Citizen Services

3300 N. Ridge Rd Ste. 380
Ellicott City, MD 21043
Phone: 410-313-1940

[www.howardcountymd.gov/
children](http://www.howardcountymd.gov/children)
children@howardcountymd.gov

Open 8:00 am to 5:00 pm
Resource Rm 8:00 am - 4:45 pm
Monday - Friday

The Nest is published quarterly by
the Office of Children's Services.

Please feel free to copy and
distribute this publication.
Available in alternative formats
upon request.



The CARE Center

Child and Adolescent REsources
for Howard County Families

- Behavior Issues
- Finding Child Care
- Child Care Assistance
- County Resources
- Special Needs
- Parenting Classes
- Health Care
- Mental Health Concerns
- Grandparents Support
- Financial Assistance
- Support Groups
- Adolescent Concerns
- School Age Programs
- Camps

410-313-CARE (2273)

children@howardcountymd.gov
www.howardcountymd.gov/children

This free service is provided by the Howard County Office of Children's Services, with the support of Howard County Department of Citizen Services, the Howard County Local Children's Board, Maryland State Department of Education, Howard County Mental Health Authority and the Governor's Office for Children.

The Nest and Training Calendar - October, November, December 2014



If you no longer wish to receive
this publication, please email
children@howardcountymd.gov
or call (410) 313-1940.

3300 N. Ridge Road, Suite 380
Ellicott City, MD 21043

**Department of
CITIZEN SERVICES**
Aging • Children's Services • Consumer Affairs